

# Animals Including Humans – Year 2 Biology

**Animals including humans have offspring that grow into adults**

**lamb** → **sheep**

**baby** → **toddler** → **child** → **teenager** → **adult**

**egg** → **chick** → **chicken**

**The young of some animals don't look like their parents:**

**spawn** → **tadpole** → **frog**

**eggs** → **caterpillar** → **pupa** → **butterfly**

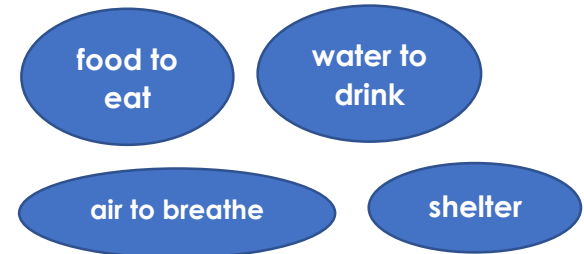
Key vocabulary	
<b>offspring</b>	A person's children or an animal's young.
<b>reproduction</b>	The process where new animals, humans or plants are made.
<b>growth</b>	The process of getting bigger.
<b>exercise</b>	This is when you move your body physically to get fit and remain healthy. Our heartbeat increases when we exercise.
<b>breathing</b>	This is what we do to get oxygen in our bodies.
<b>hygiene</b>	Keeping clean to prevent illnesses and the spread of disease.
<b>germs</b>	A very small thing that can cause diseases. We cannot see them with our eyes.
<b>disease</b>	An illness which affects people, animals or plants.

**Significant scientist**

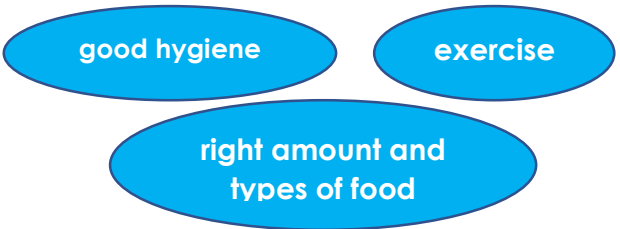
**Dr Ernest Madu**  
(born 1960)

Dr Ernest Madu is a cardiologist. His work focuses on providing affordable healthcare in low-resource nations.

All animals including humans have these basic needs to survive:

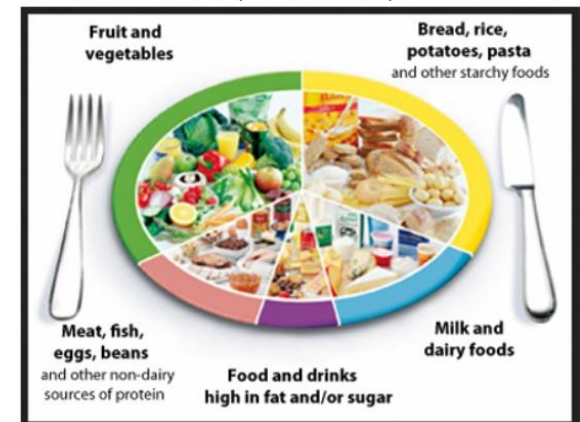


To grow into healthy adults, animals including humans need:



## The Eatwell plate

This shows the different food groups that make up a healthy diet.





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